

## LUTHERAN SOCIAL SERVICES FOOD PANTRIES

JOHN REPLIED, "IF YOU HAVE TWO SHIRTS, GIVE ONE TO THE POOR. IF YOU HAVE FOOD, SHARE IT WITH THOSE WHO ARE HUNGRY."

LUKE 3:11

LSS' four food pantries serve the needs of thousands of people year-round. Hungry families and individuals receive food as well as health care screenings, back-to-school supplies and other services. Here are a few ideas on how you can get involved:

- Download the month's most urgently needed item from our web site, [www.lssco.org](http://www.lssco.org). Gather items and deliver to the food pantry.
- Volunteer at one of the food pantries by stocking shelves or assisting clients.
- Plant an extra row of vegetables in your garden for the hungry!
- Get the kids involved. Pack a brown paper lunch bag with non-perishable food items and bring to one of the food pantries. Suggested items include juice boxes, fruit snacks and baked chips.

For more information on how you can help, please contact Barb Packer, director of food pantry services at 614-443-5130.



Lutheran  
Social  
Services  
of  
Central  
Ohio

750 E. Broad St. • Columbus, Ohio 43205 • 614-228-5200 • [www.lssco.org](http://www.lssco.org)

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*Did  
you  
know?*

The LSS Food Pantries can feed a family  
of **four** for three days with just **\$30?**

By purchasing through food pantry suppliers and in bulk, the Lutheran Social Services' food pantries are able to buy nutritious food for people in need at a discounted rate. When you make a monetary donation to the food pantries, know that your dollar is going as far as it can in the fight against hunger.

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